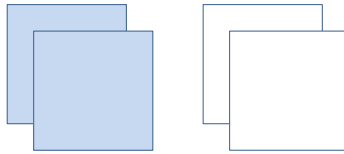


# TWIST AND TURN

## MATERIALS NEEDED for each block:

4 – 6" squares – two each of two contrasting colors



## DIRECTIONS:

1. Sew together (with a  $\frac{1}{4}$ " seam) two 6" squares (contrasting fabrics) to make a four-patch square:



2. Measure and mark with a pencil, 2" from each corner around the block (short lines). Keep marks hidden within the seam allowance. (Fig. 1)

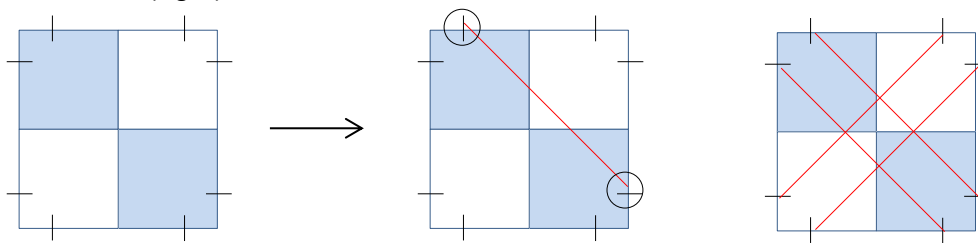
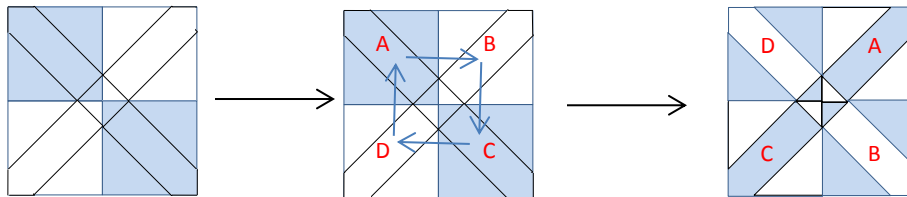


Fig. 1

Fig. 2

3. It works best to have a rotating cutting mat if you have one when cutting this block (although you can simply turn your stationary mat or just walk around your cutting table. It's so important that you do not disturb any of your pieces as you are cutting. Line up your ruler with the top upper left mark of your block and the lower right side bottom mark (Fig. 2 circled). Cut along red line from edge to edge. Continue cutting along remaining red lines, again being careful not to disturb any of the previously cut pieces.
4. Rotate the "spokes of the block" – Pieces A,B,C & D one block to the right as pictured.



5. Sew the block pieces together with a  $\frac{1}{4}$ " seam as follows. Begin by sewing Section D to the half-square triangles on each side followed by Section B to the half square triangles on each side. Then sew Section A and C to the center square.
6. Finally, sew the three sections together as pictured to create the block and trim to a square (approx. 10").
7. 20 blocks (5 rows of 4 across) makes a 38" x 47.5" quilt. (Borders may be added if desired.)

### To make quilt pictured you will need:

1-1/4 yards Fabric A cut into 40 – 6" squares  
 1-1/4 yards Fabric B cut into 40 – 6" squares  
 1/2 yard of binding  
 Backing and Batting cut to size (38" x 47.5")

