

Project Linus of East TN Blanket Guidelines

1. Preemie blankets – approximately 24 x 24” up to 36 x 36” If crochet or knitting, these need to be dense blankets and no large stitches/holes that tiny fingers and tubes can get caught in.
2. Baby blankets – approximately 36 x 36” up to 45 x 45”
3. Swaddling baby blankets – approximately 40” by 50” very light weight one layer of flannel
4. Toddler blankets – approximately 40/45 x 50/55”
5. Child blankets – approximately 45/55” x 60”
6. Older Child/Teens – approximately 50/55” x 65” or larger
7. Police Car Blankets: These blankets should fit into a 2.5 gallon Ziplock bag (we will provide that) and should be one layer of fleece or a very light weight quilt. Approximately size 45” x 60”.
8. Snowball Express Blankets (these guidelines can change every year so be sure to check Facebook or with Deb)
 - no US flags but camouflage is fine
 - no patriotic for 2026 (too many left from last year)
 - Military branches such as Army and Marines (No Navy in 2026 – too many left from last year)
 - No extra labels – just the Project Linus label
 - No college teams
 - Should be 45 x 60” and larger
9. Hugs for Heroes blankets <https://projectlinuseasttn.org/military/hugs-for-heros/>
 - These blankets are “usually” patriotic blankets ranging from size of 36 x 36” up to 50” x 50”
 - Blankets are accompanied by a “pocket” blanket that is similar to the larger blanket. That “pocket” blanket is about 4 or 5” square. It is sent to the military father (serving out of the area) of the baby
10. UT Medical Center NICU blankets
 - 45 x 58” approximately
 - Child friendly
 - No big loops/holes like in crochet blankets that are done loosely that can catch fingers and tubes, quilts are preferred for this specific need
11. Sleep in Heavenly Peace
 - Should be 80 – 90” long and at least 45” wide (ideally wider)
12. Newborns in Need

- Flannel receiving blankets and regular baby blankets work well
- put any small stuffed animals (stuff with new materials only), burp cloths, clothing, baby wash cloths, etc. in a separate bag marked Newborns in Need
- Flannel Blankets should be single layer only.
- Quilts should have batting in them or the backing should be flannel or minky type fabric.

Blankets should be made out of fairly new materials that are free of glitter or other embellishments dangerous to a baby/child. They should be free of odors, smoke, pet hair, etc. Blankets should be made out of child friendly prints and colors.

Any item going “with” the blanket such as a Hugs for Heroes “pocket” blanket, matching hat or booties, etc. should be attached to the blanket with a thread or yarn. Please do not use safety or straight pins.

Blankets do not need to be washed unless you are concerned about exposure to pets, odors, etc.

Please check blankets for straight pins, loose threads, yarn that’s not been woven in, unfinished edges, etc. before donating the blanket

Feel free to email or text me with specific questions.

Thanks

Deb Miller

Email Project Linus of East TN Coordinator Deb Miller if you have questions: Deb@ProjectLinusEastTN.org

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